



**EMTBOC'26**

**Team Leaders Meeting**

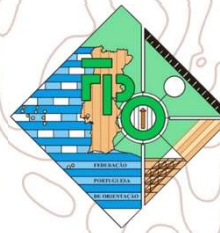
**26/05/2026**

24<sup>th</sup> May to 28<sup>th</sup> May 2026 // **Almeida - Portugal**

CX80 MTB Orienteering World Cup, Round 2

European MTB Orienteering Championships 2026

European Junior and Youth MTB Orienteering Championships 2026



**Competition Days – Mass Start / Long Distance (LD) – Wednesday, MAY 27<sup>th</sup>**

**Schedule of the Day**

**Time - Event activity:**

**9:30** - Open start quarantine (EJYMTBOC)

**9:30** - **Start to Mass Start Men (EMTBOC)**

**9:40** - **Start to Mass Start Women (EMTBOC)**

**9:45** - **Start for Long Distance Course (EYJMTBOC)**

**10:00** - **EJYMTBOC Quarantine closes** (all athletes should be inside).

**13:15** - Time limit for complains

**14:00** - Flower ceremony at finish area of Mass Start/Long Distance (preliminary)

**14:00** - **Deadline for teams indication for the Mixed Relay (EMTBOC) and Relay (EJYMTBOC) names at the Event Office (EC).**

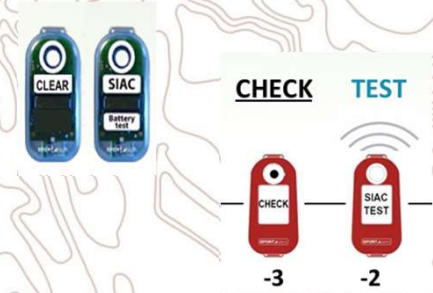
**16:00** - **Prize giving ceremonies at EC.**

**17:00** - **Team Leaders Meeting at EC.**

## Starting Procedure Mass Start

Clear and Battery Test boxes will be available outside the entrance to the start zone.

When entering the Start Zone, the SI Card will be Checked (SIAC ON) and there will be a Wireless SIAC immediately after.



## Mass Start

Competitors line up standing over their bikes. Athletes will remove the map with their bib number from the structure where the map is held, their maps are rolled when they enter the starting zone and they can open their maps 15 seconds before the start. **The bike must be stationary and competitors must keep at least one foot on the ground until the start signal (whistle sound).**



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### Arena

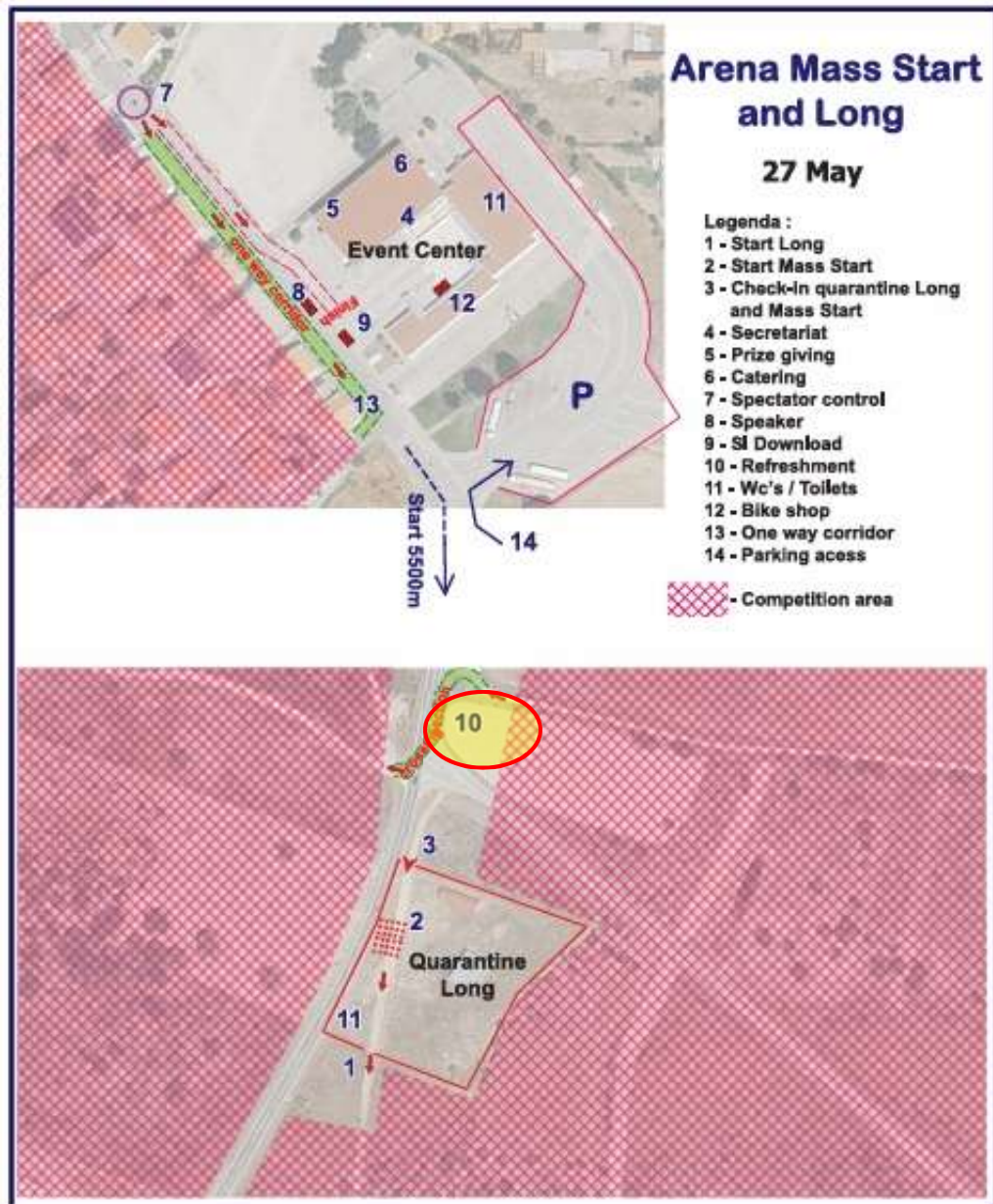
- Arena is located in Vilar Formoso ((GPS: 40°36'35.2"N 6°50'02.4"W)
- Upon approaching the arena, there will be signage (orange and white arrows) for the parking lot, the quarantine area, and the arena itself.
- The event office at the arena is open from 8:30 – 19:00.
- **There is a spectator control near the arena for Mass Start**

### Parking

- Parking is available near the event center.

### Terrain

- Vegetation consists of woods and cattle grazing areas, where walls and fences predominate along the paths.
- The relief is low to medium.
- Good visibility and rapid progression.



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### Quarantine zone / pre-start

- **Distance from parking to quarantine zone: 6 km – allow 30 min to arrive to quarantine zone –**  
The route from the arena to the start will be marked by red-white stripes. Quarantine is located in Poço do Velho (GPS: 40°33'54.8"N 6°50'44.2"W).
- **Check-in deadline quarantine zone: 10:00 (EJYMTBOC)**
- **Receipt of GPS: Please be in start zone at least 15 minutes before your start time to have sufficient time to collect and fix the GPS device.**
- Pre-start: No pre-start.
- It is the athletes' responsibility to be ready for their call-up time. Competitors who are late for their start time must use the corridor for late starters and must report to the start staff.
- For Long Distance a clock showing the call-up time will be displayed at the start, and the competitors' names will be called 3 minutes before their start time.
- Organisers will ensure bag delivery from quarantine to finish arena.

### Start

- EMBTOC - Mass start: Mens first - 9h30 and women 10 mins later - 9h40
- EJYMTBOC - Long distance: Individual start with an interval of 3 minutes.
- Mandatory route of 170 m (marked by red stripes) from the time start to the point where orienteering begins. This map start will be marked by a flag in the terrain.

**Refreshments and tools/parts can be left near the starting/quarantine zone, where all athletes will pass. Water will be available. A Table will be available and also glasses with water. There will be a tent.**

**Competition Days – Mass Start / Long Distance – Wednesday, MAY 27<sup>th</sup>**

**Map**

- Scale: 1:15000 / vertical contour interval 5 m
- Size: 31 x 37 cm
- double-sided, printed on water-resistant paper
- Mapper: Alexandre Reis



**Course data**

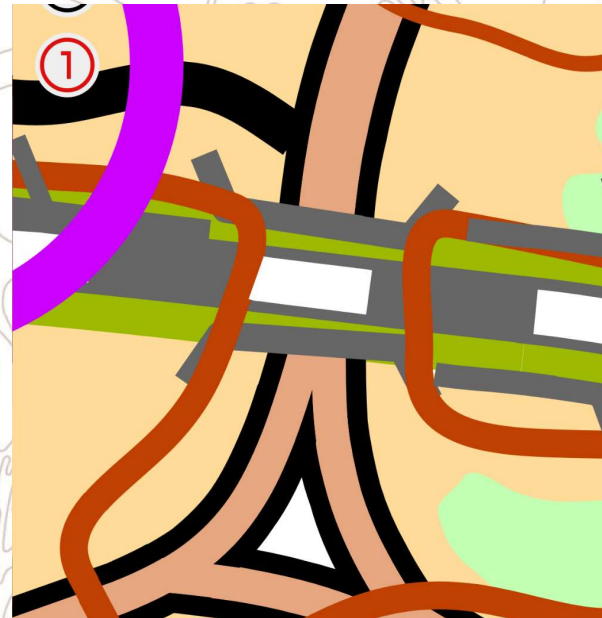
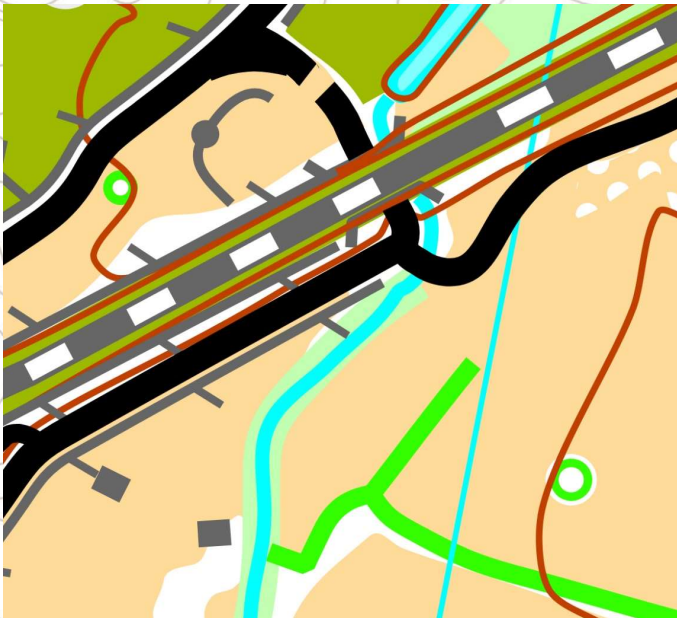
**Mass Start / Long Distance**

Class	Length (KMs)	Climb (mts)	Controls	Winning Times	Distance from Start	Change Map	Scale	Contour Interval	Map Size	Refreshment (Kms)
<b>M21</b>	37.5	245	29	75-85	170 mts	<b>Yes</b>	1/15000	5 mts	31x37	28.8
<b>W21</b>	32.8	230	28	75-85	170 mts	<b>Yes</b>	1/15000	5 mts	31x37	22.1
<b>M20</b>	29	210	16	84-92	170 mts	<b>Yes</b>	1/15000	5 mts	31x37	18.1
<b>W20</b>	21.2	165	15	84-92	170 mts	<b>Yes</b>	1/15000	5 mts	31x37	9.1
<b>M17</b>	23.8	190	16	70-75	170 mts	<b>Yes</b>	1/15000	5 mts	31x37	13.6
<b>W17</b>	20	155	17	70-75	170 mts	<b>Yes</b>	1/15000	5 mts	31x37	9.1

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**Warnings**

- There will be zones with tape for avoid possible dangerous crossing those regions – Steps, big rocks, ditches, rest of fences, etc. that some times vegetations cover them.
- There is a mandatory cross of the national road, after refreshment, please obey to traffic rules, traffic authority will be in the crossing to stops possible traffic but attention need to be taken.
- There are two passages under the Train line as showed bellow.



# Thank you and Good and Safe competitions

