



EMTBOC'26

Team Leaders Meeting

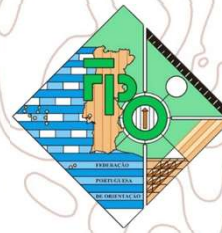
25/05/2026

24th May to 28th May 2026 // **Almeida - Portugal**

CX80 MTB Orienteering World Cup, Round 2

European MTB Orienteering Championships 2026

European Junior and Youth MTB Orienteering Championships 2026



Competition Days – Middle Distance (MD) – Tuesday, MAY 26th

Schedule of the Day

Time - Event activity:

9:00 - Open start quarantine

9:30 - **Quarantine closes** (all athletes should be inside).

9.30 - Start for Middle distance course (EYMTBOC, EJMTBOC)

10:48 - Start for Middle distance course (EMTBOC)

13:15 - Time limit for complains

14:00 - Flower ceremony at finish area of Middle distance (preliminary)

14:00 - Deadline for names/start group allocation for Long distance competition at the Event Office (EC).

16:00 - Prize giving ceremonies at EC.

17:00 - Team Leaders Meeting at EC.

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Arena

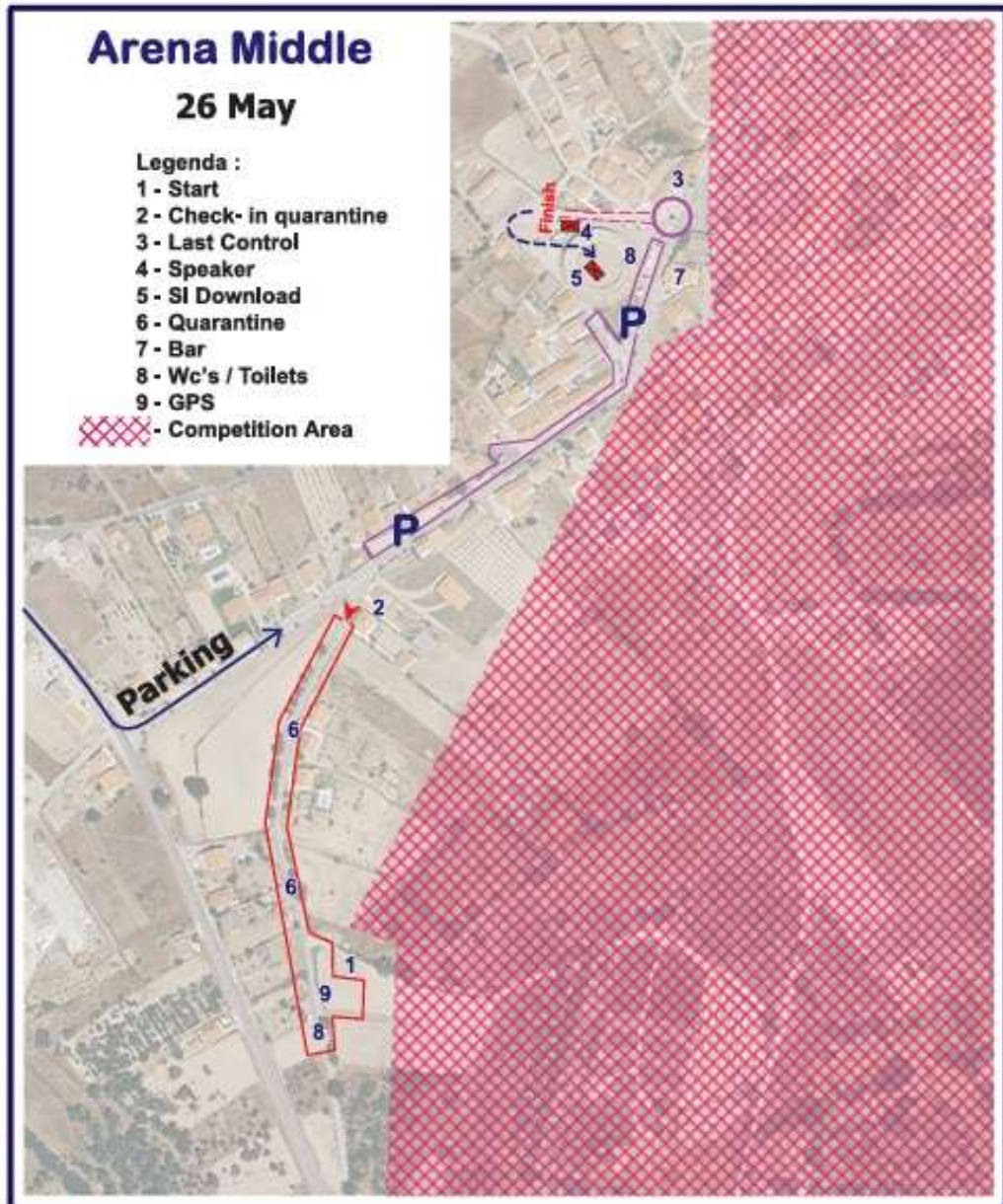
- Arena is located In Nave de Haver (GPS: 40°31'06.7"N 6°50'15.9"W)
- Upon approaching the arena, there will be signage (orange and white arrows) for the parking lot, the quarantine area, and the arena itself.
- The event office at the arena is open from 8:30 – 13:00.

Parking

- Parking is available on the public road between the quarantine entrance and the arena.

Terrain

- Vegetation consists of woods and cattle grazing areas, where walls and fences predominate along the paths.
- The relief is low to medium.
- Good visibility and rapid progression.



Competition Days – Middle Distance (MD) – Tuesday, MAY 26th

Quarantine zone / pre-start

- Distance from parking to quarantine zone: 700 to 400 m
- **Check-in deadline quarantine zone: 09:30**
- **Receipt of GPS: Please be in quarantine at least 15 minutes before your pre-start time to have sufficient time to collect and fix the GPS device.**
- It is the athletes' responsibility to be ready for their call-up time. Competitors who are late for their start time must use the corridor for late starters and must report to the start staff.
- A clock showing the call-up time will be displayed at the pre-start, and the competitors' names will be called 3 minutes before their start time.
- Organisers will ensure bag delivery from quarantine to finish arena.

Start

- Individual start with an interval of 2 minutes.
- Mandatory route of 110 m (marked by red stripes) from the time start to the point where orienteering begins. This map start will be marked by a flag in the terrain.

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Map

- Scale: **1:10000** / vertical contour interval 5 m
- Size: **31 x 37** cm
- printed on water-resistant paper
- Mapper: Alexandre Reis



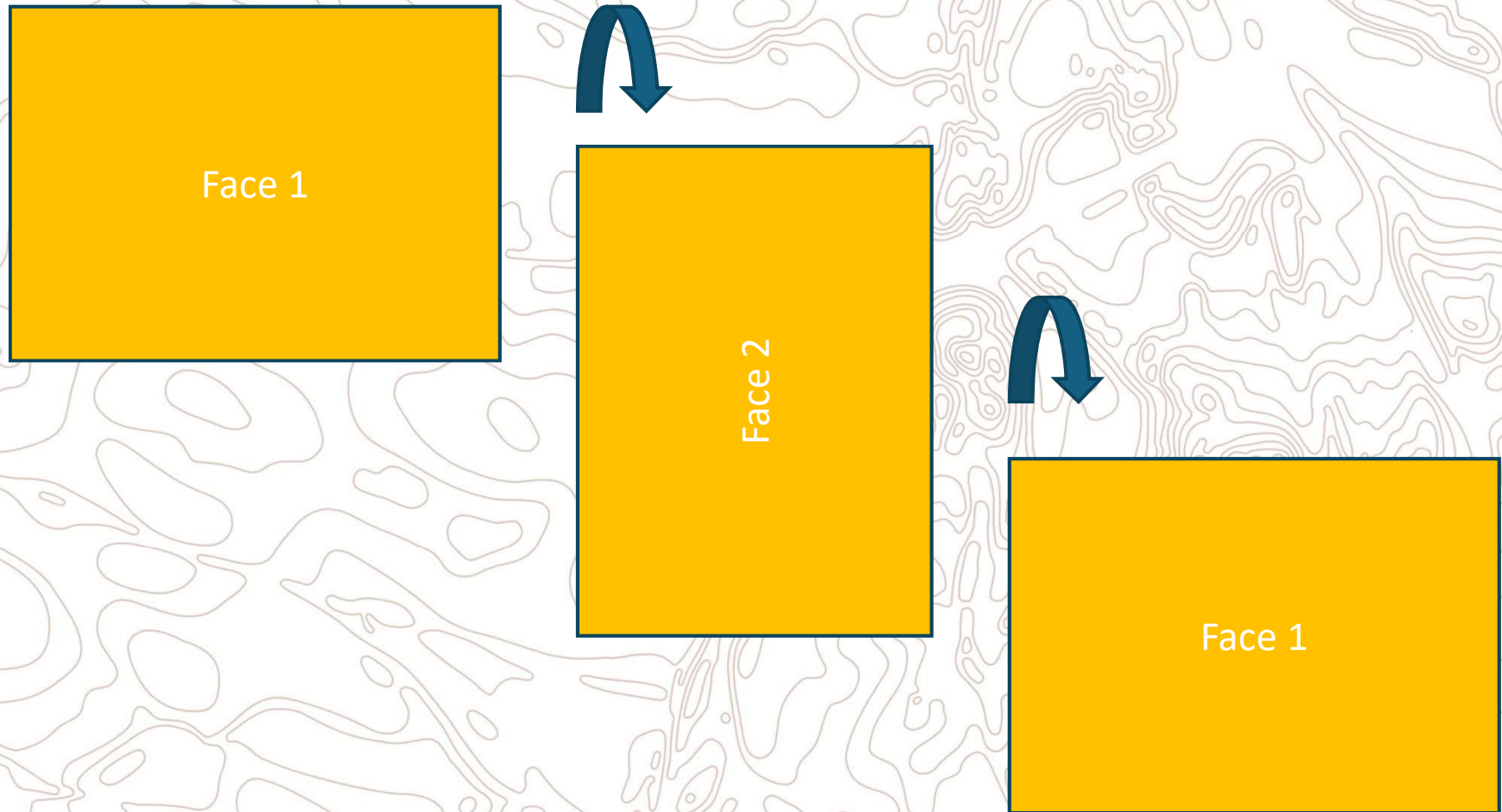
Course data

Middle Distance

Class	Length (KMs)	Climb (mts)	Controls	Winning Times	Distance from Start	Change Map	Scale	Contour Interval	Map Size
M21	22.4	210	18	50-55	110 mts	Yes	1/10000	5 mts	31x37
W21	19.3	185	16	50-55	110 mts	Yes	1/10000	5 mts	31x37
M20	20.3	180	16	40-44	110 mts	Yes	1/10000	5 mts	31x37
W20	16.6	155	15	40-44	110 mts	Yes	1/10000	5 mts	31x37
M17	16.5	165	16	32-37	110 mts	Yes	1/10000	5 mts	31x37
W17	12.6	150	17	32-37	110 mts	No	1/10000	5 mts	31x37

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**Map Changes 3 times, 2 face map
Initial and Finish at the same face**



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Warnings

- There will be zones with tape for avoid possible dangerous crossing those regions – Steps, big rocks, ditches, rest of fences, etc. that some times vegetations cover them.



CX80 MTBO WC #2 - EMTBOC'26 – EJMTBOC'26 – EYMTBOC'26

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**Massages Available in the EC
(near the entrance)
10 € per person**

Thank you and Good and Safe competitions

